

ERECTILE DYSFUNCTION ALGORITHM

COUNSEL THE MAN AND PARTNER REGARDING:

- The value of psychosocial/relationship support from trained professionals to optimize treatment satisfaction
- The importance of lifestyle change (weight loss, exercise, smoking cessation) to improve erectile function and overall health
- The benefits and risks/burdens of all available ED treatments that are not contraindicated

Using a shared decision-making framework, identify appropriate treatment¹ based on values and priorities of man and partner

PDE5i

Vacuum devices

Intraurethral (IU) alprostadil

Intracavernosal injections (ICI)

Penile prosthesis surgery

ASSESS OUTCOMES, ADVERSE EVENTS (AEs), AND SATISFACTION OF MAN AND PARTNER

IF INADEQUATE EFFICACY AND/OR UNACCEPTABLE AEs AND/OR INSUFFICIENT SATISFACTION, THEN ADDRESS AS APPROPRIATE:

- Dose adjustments (for PDE5i, IU alprostadil, ICI)
- Revisit instructions to maximize efficacy (for all treatments)
- Revisit values and priorities of man and partner with mental health professional to refine values and priorities and/or to address psychosocial or relationship barriers to successful treatment
- Consider alternate treatment

¹For men with testosterone deficiency, defined as the presence of symptoms and signs and a total testosterone <300 ng/dl, counseling should emphasize that restoration of testosterone levels to therapeutic levels is likely to increase efficacy of ED treatments other than prosthesis surgery.