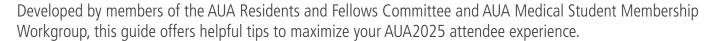
AUA-2025 Las Vegas

AUA2025 Attendee Survival Guide for Trainees



To start... Download the AUA2025 meeting app! Here you can access the schedule of events, maps, live videos and recorded content all in one place. Search for **"AUA2025 Annual meeting"** in your app store.

PLANNING YOUR SCHEDULE

Don't get upset if you can't be at all the events you want — the truth is, it's not possible. Below are things to consider when prioritizing your time and planning your schedule.

- Do you have any presentations? Make sure you've blocked that time out first.
- Trainee-focused programming take stock of the programs developed for medical students, residents/fellows and earlycareer urologists (see page 2). The forums in particular offer high-yield content for trainees. Plus, attending these events makes it easy to meet new colleagues who can show you the ropes.
- When are your friends, mentors and/or networking targets presenting? Plan around those next.

- Society meetings a number of subspecialty and international society meetings are held in conjunction with the AUA Annual Meeting. Check out the "Specialty Society" and "International Society" filters on the app.
- Plenary sessions be sure to check out the Plenary stage, the "Oscars" of the AUA Annual Meeting. Attendees are able walk in and out freely throughout the course of the day.
- On-demand content be sure to take note of which content can be watched later on your own time. This will help you to prioritize the events and sessions you can only view live.

PREPARING FOR YOUR PRESENTATION

- Dress the part. Wear professional, but comfortable attire; you will be walking a lot.
- Head to the Speaker Ready Room (Level 2, Titian 2201), open 6 a.m.-6 p.m., at least one day prior to the date of your presentation. Pull up and review your slides (you can make any last-minute updates, if needed). This also gives you the opportunity to do a practice run-through in a low-stakes environment.
- If you need to print a poster onsite, order it as early as possible; many people have the same idea and your poster may not be ready in time if you order last-minute.
- Know where you are going. If you are presenting later in the
 meeting, try to scope out the room ahead of time so you know
 how to find it. Otherwise, use the meeting app to check the
 map so you don't get lost.
- Plan to show up at least 30 minutes early. You will want time to set up. Plus, the best time to network is when you have something to proudly present!
- Know your audience. Who is your moderator(s)? What's the format for asking questions? Do you need to prepare anything ahead of time (pre-recorded video, poster, etc.)?

HOW TO NETWORK

- Dress up: you never know when or where you're going to meet the person that can open doors for you.
- Go with a mentor/colleague whenever possible: they can make introductions and make it less awkward!
- Prepare an elevator pitch: 30 second summary of your background, your goals and a specific ask.
- Have an updated CV (electronic): be ready to share at a moment's notice.
- Less is more: their time is limited; make an impression, but don't linger.

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THE FUN STUFF

- Take time to explore the host city and experience the local history and culture. Spend your per-diem funds if your program offers them.
- **Show your face** at networking and alumni events.
- Check out the swag! The S&T Hall is full of exhibiting companies with fun giveaways — be sure to stop by AUA Member Central to visit the button bar.

TOP PROGRAMMING PICKS

- Saturday, April 26: FUTURE in Urology Program, Residents Forum, Residents Bowl Preliminaries, Medical Student Speed Mentoring
- Sunday, April 27: Young Urologists Forum, Medical Student Forum & Mingle, Residents Bowl Semifinals, Residents & Fellows Speed Mentoring, Flip the Script

 Monday, April 28: AUA Career Fair, Residents Bowl Championship, National Residency Abstract Olympics Awards Presentation

On-Demand Content Available through 8/31/2025, including plenary programming and instructional courses (FREE FOR MEMBER RESIDENTS).

GET Social!

Join the conversation online with hashtag

#AUA25!



DEFINITIONS OF TERMS

Plenary Sessions – large general session featuring various types of educational presentations and formats, including Controversies in Urology debates, Semi-Live Surgeries, panel discussions and more. Considered the most prestigious opportunity for speaking at the Annual Meeting.

Podium session – six-minute oral abstract presentation, followed by a two-minute Q&A with the audience and moderators

Moderated poster session – visual abstract presentation opportunity divided into two segments. During the first 30 minutes, presenters stand by their posters while moderators and attendees rove around the room. Each presenter then has 3 minutes total for the PowerPoint presentation and audience discussion.

Science & Technology (S&T) Hall – large exhibit hall in the convention center featuring more than 400 urology-related companies exhibiting their products, devices, pharmaceuticals, equipment and medical information

FREE FOOD

SCAN THE CODE BELOW TO SEE A LIST OF FOOD AND BEVERAGE OPPORTUNITIES.



Tip: Visit the S&T Hall and the Product Theatre for refreshments throughout the day!

WORDS OF Wisdom

Stay open-minded and flexible.

Focus on your areas of interest but explore new opportunities.

Take care of yourself—don't forget to eat!