Diagnosis & Treatment Algorithm: AUA/SUFU Guideline on Non-Neurogenic Overactive Bladder in Adults

**History and Physical; Urinalysis**
- Signs/symptoms of OAB, (-) urine microscopy

**Patient Education:**
- Normal urinary tract function
- Benefits/risks of treatment alternatives
- Agree on treatment goals

**Follow-up for efficacy and adverse events**
- In extremely rare cases, consider augmentation cystoplasty or urinary diversion

**Diagnosis unclear or additional information needed**

**Behavioral Treatments Standard** (consider adding pharmacologic management if partially effective)

**Pharmacologic Management Standard** With active management of adverse events; consider dose modification or alternate medication if initial treatment is effective but adverse events or other considerations preclude continuation

**Reassess and/or Refer to Specialist** Consider urine culture, post-void residual, bladder diary, symptom questionnaires, other diagnostic procedures as necessary for differentiation

**Treatment goals met**

**Consider in carefully-selected and thoroughly-counseled patients with moderate to severe symptoms**
- Intradetrusor onabotulinumtoxinA *Standard* (patients must be willing to perform CISC)
  - OR
- Peripheral tibial nerve stimulation (PTNS) *Recommendation* (patients must be willing and able to make frequent office visits)
  - OR
- Sacral neuromodulation (SNS) *Recommendation*

**Patient desires treatment, is willing to engage in treatment, and/or treatment is in patient’s best interests**

**Behavioral Treatments Standard**

**Pharmacologic Management Standard** With active management of adverse events; consider dose modification or alternate medication if initial treatment is effective but adverse events or other considerations preclude continuation

**Reassess and/or Refer to Specialist** Consider urine culture, post-void residual, bladder diary, symptom questionnaires, other diagnostic procedures as necessary for differentiation

**Not OAB or Complicated OAB; treat or refer**

**Signs/symptoms of OAB**

**Treatment goals not met after appropriate duration* ; Patient desires further treatment, is willing to engage in treatment, and/or further treatment in patient’s best interests**

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