Quality ID #50: Urinary Incontinence: Plan of Care for Urinary Incontinence in Women Aged 65 Years and Older
– National Quality Strategy Domain: Person and Caregiver-Centered Experience and Outcomes
– Meaningful Measure Area: Management of Chronic Conditions

2019 COLLECTION TYPE:
MIPS CLINICAL QUALITY MEASURES (CQMS)

MEASURE TYPE:
Process – High Priority

DESCRIPTION:
Percentage of female patients aged 65 years and older with a diagnosis of urinary incontinence with a documented plan of care for urinary incontinence at least once within 12 months

INSTRUCTIONS:
This measure is to be submitted a minimum of once per performance period for patients seen during the performance period. This measure is appropriate for use in the ambulatory setting only. It is anticipated that Merit-based Incentive Payment System (MIPS) eligible clinicians who provide services for patients with the diagnosis of urinary incontinence will submit this measure.

Measure Submission Type:
Measure data may be submitted by individual MIPS eligible clinicians, groups, or third party intermediaries. The listed denominator criteria are used to identify the intended patient population. The numerator options included in this specification are used to submit the quality actions as allowed by the measure. The quality-data codes listed do not need to be submitted by MIPS eligible clinicians, groups, or third party intermediaries that utilize this modality for submissions; however, these codes may be submitted for those third party intermediaries that utilize Medicare Part B claims data. For more information regarding Application Programming Interface (API), please refer to the Quality Payment Program (QPP) website.

DENOMINATOR:
All female patients aged 65 years and older with a diagnosis of urinary incontinence

**Denominator Criteria (Eligible Cases):**
All female patients aged ≥ 65 years on date of encounter

**AND**

**AND**
**Patient encounter during the performance period (CPT or HCPCS):** 99201, 99202, 99203, 99204, 99205, 99212, 99213, 99214, 99215, 99324, 99325, 99326, 99327, 99328, 99334, 99335, 99336, 99337, 99341, 99342, 99343, 99344, 99345, 99347, 99348, 99349, 99350, G0402

**AND NOT**
**DENOMINATOR EXCLUSION:**
Hospice services utilized by patient any time during the measurement period: G9694

NUMERATOR:
Patients with a documented plan of care for urinary incontinence at least once within 12 months

**Definition:**
Plan of Care – May include behavioral interventions (e.g., bladder training, pelvic floor muscle training, prompted voiding), referral to specialist, surgical treatment, reassess at follow-up visit, lifestyle interventions, addressing co-morbid factors, modification or discontinuation of medications contributing to urinary incontinence, or pharmacologic therapy.

Numerator Options:

**Performance Met:** Urinary incontinence plan of care documented (0509F)

**Performance Not Met:** Urinary incontinence plan of care not documented, reason not otherwise specified (0509F with 8P)

**RATIONALE:**
A treatment option should be documented for the patient with incontinence.

**CLINICAL RECOMMENDATION STATEMENTS:**
All conservative management options used in younger adults can be used in selected frail, older, motivated people. This includes:

- Bladder retraining
- Pelvic muscle exercises including biofeedback and/or electro-stimulation (ICI) (Grade B)

Pharmacologic agents, especially oxybutynin and tolterodine, may have a small beneficial effect on improving symptoms of detrusor over activity in women. (ACOG) (Level A)

Oxybutynin and potentially other bladder relaxants can improve the effectiveness of behavioral therapies in frail older persons. (ICI) (Grade B)

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2019 Clinical Quality Measure Flow for Quality ID #50:
Urinary Incontinence: Plan of Care for Urinary Incontinence in Women Aged 65 Years and Older

Start

Denominator

Female Patient Age at Date of Service ≥ 65 Years

No

Yes

Diagnosis of Urinary Incontinence as Listed in Denominator*

Not Included in Eligible Population/Denominator

Yes

No

Plan of Care for Urinary Incontinence Documented

No

Yes

Encounter as Listed in Denominator*

(1/12019 thru 12/31/2019)

Hospital Services Utilized Any Time During the Measurement Period 05/03/14 or Equivalent

No

Yes

Include in Eligible Population/Denominator (80 Patients) d

Numerator

Data Completeness Met + Performance Met 0609F or Equivalent (40 Patients) a

No

Yes

Urinary Incontinence Plan of Care Not Documented; Reason Not Otherwise Specified

Data Completeness Met + Performance Not Met 0509F-SP or Equivalent (30 Patients) c

No

Data Completeness Not Met Quality Data Code or equivalent not submitted (10 patients)

Sample Calculations:

Data Completeness=
Performance Met (a=40 patients) + Performance Not Met (c=30 patients) = 70 patients = 87.50%
Eligible Population / Denominator (d=80 patients) = 80 patients

Performance Rate=
Performance Met (a=40 patients) = 40 patients = 57.14%
Data Completeness Numerator (10 patients) = 70 patients

*See the posted Measure Specification for specific coding and instructions to submit this measure.

NOTE: Submission Frequency: Patient-process

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The measure diagrams are developed by CMS as a supplemental resource to be used in conjunction with the measure specifications. They should not be used alone or as a substitution for the measure specification.
2019 Clinical Quality Measure Flow Narrative for Quality ID #50:
Urinary Incontinence: Plan of Care for Urinary Incontinence in Women Aged 65 Years and Older

Please refer to the specific section of the specification to identify the denominator and numerator information for use in submitting this Individual Specification.

1. Start with Denominator

2. Check Female Patient Age:
   a. If Female Patient Age is greater than or equal to 65 Years on Date of Service equals No during the measurement period, do not include in Eligible Population. Stop Processing.
   b. If Female Patient Age is greater than or equal to 65 Years on Date of Service equals Yes during the measurement period, proceed to check Patient Diagnosis.

3. Check Patient Diagnosis:
   a. If Diagnosis of Urinary Incontinence as Listed in the Denominator equals No, do not include in Eligible Population. Stop Processing.
   b. If Diagnosis of Urinary Incontinence as Listed in the Denominator equals Yes, proceed to check Encounter Performed.

4. Check Encounter Performed:
   a. If Encounter as Listed in the Denominator equals No, do not include in Eligible Population. Stop Processing.
   b. If Encounter as Listed in the Denominator equals Yes, proceed to check Hospice Services Utilized Any Time During the Measurement Period

5. Check Hospice Services Utilized Any Time During the Measurement Period:
   a. If Hospice Services Utilized Any Time During the Measurement Period equals No, include in Eligible Population.
   b. If Hospice Services Utilized Any Time During the Measurement Period equals Yes, do not include in Eligible Population. Stop Processing.

6. Denominator Population
   a. Denominator Population is all Eligible Patients in the Denominator. Denominator is represented as Denominator in the Sample Calculation listed at the end of this document. Letter d equals 80 patients in the Sample Calculation.

7. Start Numerator

8. Check Plan of Care for Urinary Incontinence Documented:
   a. If Plan of Care for Urinary Incontinence Documented equals Yes, include in Data Completeness Met and Performance Met.
b. Data Completeness Met and Performance Met letter is represented as Data Completeness and Performance Rate in the Sample Calculation listed at the end of this document. Letter a equals 40 patients in the Sample Calculation.

c. If Plan of Care for Urinary Incontinence Documented equals No, proceed to check Plan of Care for Urinary Incontinence Not Documented, Reason Not Otherwise Specified.

9. Check Plan of Care for Urinary Incontinence Not Documented Reason Not Otherwise Specified:

a. If Plan of Care for Urinary Incontinence Not Documented, Reason Not Otherwise Specified equals Yes, include in Data Completeness Met and Performance Not Met.

b. Data Completeness Met and Performance Not Met letter is represented as Data Completeness in the Sample Calculation listed at the end of this document. Letter c equals 30 patients in the Sample Calculation.

c. If Plan of Care for Urinary Incontinence Not Documented, Reason Not Otherwise Specified equals No, proceed to check Data Completeness Not Met.

10. Check Data Completeness Not Met:

a. If Data Completeness Not Met, the Quality Data Code or equivalent was not submitted. 10 patients have been subtracted from the Data Completeness Numerator in the Sample Calculation.

<table>
<thead>
<tr>
<th>SAMPLE CALCULATIONS:</th>
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<tbody>
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