2018 Quality Improvement Summit to Address Opioid Stewardship

Representative Gregory F. Murphy, MD FACS
North Carolina House of Representatives
Overview of Political Structure

NC House

NC Senate

NC Governor
The Political Process

- **NC Bicameral Legislature**—Senate (50) and House of Representatives (120) with Gov as Executive Branch

- Many types of Individuals Represented (retirees, lawyers, businessmen, bail bondsmen, educators, one Nurse Practitioner and one Physician)—paid $13,900/year, $104 per diem

- Each w own district—elected/appointed by Gov

- Each serve 2 year terms

- 1st year—”Long Session” / 2nd Yr “Short session”

- Committee Assignments (Health (Chair), Health Appropriations (Chair), Ethics, Insurance, Appropriations, Education (Universities), Alcoholic Beverage Commission

- Typical Day 7am-8pm when in session…
The heat map shows the highest concentration of cases in Mecklenburg, Guilford, Cabarrus, Cumberland, and Buncombe counties. With the highest rates occurring in Cabarrus (72.3 per 100,000 person) and Vance (20.3 per 100,000 person) counties.

Cases were predominantly male (66%), white (87%), and between 25-34 years of age (41%).

Note: Counts based on diagnosis (ICD-9/10-CM code) of an opioid overdose of any intent (accidental, intentional, assault, and undetermined) for North Carolina residents. Opioid overdose cases include poisonings with opium, heroin, opioids, methadone, and other synthetic narcotics.

NORTH CAROLINA INJURY AND VIOLENCE PREVENTION www.injuryfreenc.ncdhhs.gov 8/17/2017
Unintentional Opioid Overdose Deaths by Opioid Type
North Carolina Residents, 1999-2016

Heroin or other synthetic narcotics were involved in approximately 60% of unintentional opioid deaths in 2016

Unintentional medication/drug (X40-X44) with specific T-codes by drug type; Commonly Prescribed Opioid Medications=T40.2 or T40.3; Heroin and/or Other Synthetic Narcotics=T40.1 or T40.4.
Analysis by Injury Epidemiology and Surveillance Unit
“STOP” ACT

GENERAL ASSEMBLY OF NORTH CAROLINA
SESSION 2017

HOUSE BILL DRH20012-MGfa-35H* (01/26)

Short Title: Strengthen Opioid Misuse Prevention (STOP)Act. (Public)

Sponsors: Representatives Murphy, Davis, Malone, and Horn (Primary Sponsors).

Referred to:
‘STOP ACT’ SUMMARY

- Initial prescription limits for ACUTE PAIN
- CSRS Queries with each prescription
- E-scribing of Opioids
- Closer consultation with NP’s/PA’s/MD’s at Pain Clinics
- Better defined disposal of Prescribed Opioids (Hospice)
- Standing Order for Naloxone
- Pharmacy Reporting with CSRS and regulations
- Mandatory yearly review of CSRS
- $10M State/$20M Fed monies for Community Based Treatment
CVS will limit opioid prescriptions to 7 days

By Susan Scutti and Nadia Kounang, CNN
Updated 3:42 PM ET, Fri September 22, 2017

AMERICA

Walmart Will Implement New Opioid Prescription Limits By End Of Summer

May 8, 2018 • 7:28 PM ET

VANESSA ROMO
My Doctor Refuses To Preserve My Pain Medication!

Written by Joan R. Shepherd, NP
January 19, 2018
The HOPE ACT

2nd Chapter

GENERAL ASSEMBLY OF NORTH CAROLINA
SESSION 2017

SENATE BILL 616
Finance Committee Substitute Adopted 5/9/17
House Committee Substitute Favorable 6/6/18

Short Title: Heroin & Opioid Prevention & Enforcement Act. (Public)

Sponsors:

Referred to:

April 5, 2017

A BILL TO BE ENTITLED
AN ACT AMENDING LAWS PERTAINING TO THE NORTH CAROLINA CONTROLLED
SUBSTANCES ACT AND THE NORTH CAROLINA CONTROLLED SUBSTANCES
REPORTING SYSTEM ACT, INCLUDING THE REVISION AND ESTABLISHMENT
OF PENALTIES FOR CERTAIN VIOLATIONS, AND EXPRESSING THE INTENT TO
APPROPRIATE ADDITIONAL FUNDS IN THE FUTURE FOR COMMUNITY-BASED
SUBSTANCE USE DISORDER TREATMENT AND RECOVERY SERVICES, THE
PURCHASE OF OVERDOSE MEDICATIONS, OPERATION MEDICINE DROP, AND
A SPECIAL AGENT POSITION WITHIN THE STATE BUREAU OF INVESTIGATION.
General Assembly of North Carolina

Task Force on Sentencing Reforms for Opioid Drug Convictions

AGENDA

9:00 a.m. Tuesday, April 24, 2018
Room 544 Legislative Office Building
Raleigh, North Carolina
Future Legislative Issues for North Carolina
• Cropping up everywhere
• Everyone is a “Pain Specialist
• Must safeguard against Quacks
• Over use of ‘Urine Testing’
U.S. HEALTH CARE OPTIONS

SELL YOUR HOME... OR BUY THE FARM
North Carolina has NOT accepted federal Medicaid expansion.

- 1,989,044 people are covered by Medicaid and CHIP as of June 2016.
- 804,000 additional people would be covered if the state accepted expansion.
- 244,000 people have NO realistic access to health insurance without Medicaid expansion.
- The state is leaving $39.6 billion on the table over the next decade by not expanding Medicaid.
# Opioid Overdose ED Visits by Insurance Coverage

## 2017 YTD

<table>
<thead>
<tr>
<th>Insurance Coverage</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Insurance</td>
<td>14%</td>
</tr>
<tr>
<td>Medicaid/Medicare</td>
<td>27%</td>
</tr>
<tr>
<td>Uninsured/Self-pay</td>
<td>50%</td>
</tr>
<tr>
<td>Other/Unknown</td>
<td>9%</td>
</tr>
</tbody>
</table>

**Data Source:** The North Carolina Disease Event Tracking and Epidemiologic Collection Tool (NCDETTECT). Counts based on diagnosis (ICD-9/10-CM code) of an opioid overdose of any intent (accidental, intentional, assault, and undetermined) for North Carolina residents. Opioid overdose cases include poisonings with opium, heroin, opioids, methadone, and other synthetic narcotics.
A BILL TO BE ENTITLED
AN ACT TO PROVIDE HEALTH COVERAGE TO RESIDENTS OF NORTH CAROLINA UNDER THE CAROLINA CARES PROGRAM.

SECTION 1. Carolina Cares. – It is the intent of the General Assembly to facilitate
Key Components

- Alternative to Medicaid Expansion
- Health Insurance for the State’s Working Poor
- Participant’s required to do health maintenance activities AND a Work Requirement
- Paid for by Fed return of monies to state and tax on Hospitals (2:1 return)

Participant Contributions

- 2% of household’s income
IMHO...Health Care Reform the #1 domestic issue facing our state and our nation

If you're not at the table, you're on the menu

Michael Enzi
Get to know your Legislator…
• Be Respectful---of their position, their time
• Know your issue---be prepared for Questions
• Introduce yourself and your issue
• Know your opposition
• Succinct literature
• Do not be argumentative or try to back them into a corner
• Do not interrupt, take notes or be arrogant
• Be kind to their staff....
Historical Political Involvement by Physicians

*In 1776, 11 percent of signers of the Declaration of Independence were physicians.

*In 1787 5 percent of the individuals crafting the US Constitution were physicians.

From 2013-2015 there were 21 physicians in U.S. Congress, 20 of whom were male and 17 were members of the Republican party.

From 2015-2017, there were 18 physicians in U.S. Congress. All were male and 15 were members of the Republican party. (38% Lawyers)

115th Congress (2017 – 2019)
From 2017-2019 there were 13 physicians in U.S. Congress, all were male and 11 were members of the Republican party. (2% Physicians)

Neal Dunn, MD (R), 2017-2018
US Congress
2nd District Florida