

Basic Management of LUTS In Men

BOTHERSOME LUTS RECOMMENDED TESTS:

- Obtain medical history
- Perform physical examination
- Administer International Prostate Symptom Score (IPSS)
- Perform a urinalysis
- **If equipment available**, consider PVR and/or uroflowmetry.
- ***If PVR >300 cc, irrespective of symptoms, see white paper on "Non-Neurogenic Chronic Urinary Retention: Consensus Definition, Management Strategies, and Future Opportunities"**

Standard Treatment

- Alter modifiable factors such as caffeine, fluids, contributing medications when possible
- Lifestyle discussion
- *Trial of Medical Therapy Algorithm*

Lack or incomplete response/ continued bothersome symptoms

Frequency volume chart
PVR/Uroflow (if not obtained earlier, these tests are recommended at this point*)
Urodynamics
Cystoscopy

OAB predominant
(storage symptoms)
See *OAB Guideline*

Mixed OAB/BOO
Follow BOO pathway and see
OAB Guideline for options
regarding storage symptoms

Improvement/
symptoms tolerable

Continue therapy,
routine follow-up

Evidence of BOO

See *Surgical
Management
Algorithm*

Nocturia is major complaint

Frequency volume chart
Medication trial

Lack of resolution with medication

Consider other work up and etiologies,
such as sleep disorders (i.e. sleep apnea)

