Basic Management of LUTS In Men

BOthersome LUTS Recommended Tests:
- Obtain medical history
- Perform physical examination
- Administer International Prostate Symptom Score (IPSS)
- Perform a urinalysis
- If equipment available, consider PVR and/or uroflowmetry.
- *If PVR >300 cc, irrespective of symptoms, see white paper on "Non-Neurogenic Chronic Urinary Retention: Consensus Definition, Management Strategies, and Future Opportunities"*

Standard Treatment
- Alter modifiable factors such as caffeine, fluids, contributing medications when possible
- Lifestyle discussion
- Trial of Medical Therapy Algorithm

Lack or incomplete response/ continued bothersome symptoms

Frequency volume chart
PVR/Uroflow (If not obtained earlier, these tests are recommended at this point*)
Urodynamics
Cystoscopy

Evidence of BOO
- OAB predominant (storage symptoms) See OAB Guideline
- Mixed OAB/BOO Follow BOO pathway and see OAB Guideline for options regarding storage symptoms

Improvement/ symptoms tolerable
Continue therapy, routine follow-up

Nocturia is major complaint
Frequency volume chart
Medication trial
Lack of resolution with medication
Consider other work up and etiologies, such as sleep disorders (i.e. sleep apnea)
See Surgical Management Algorithm