**Facts about PROSTATE CANCER**

- **The prostate** is a small, walnut-shaped gland found only in males. It contains cells that make fluid (semen) to protect and nourish sperm.

- **In its early stages, prostate cancer often has no symptoms.**

- **Nearly 3 million men in the United States are prostate cancer survivors.**

- **Prostate cancer** is the most common cancer in American men.

- **180,000 new cases of prostate cancer will be diagnosed this year.**

- **Although the prostate-specific antigen (PSA) blood test is the main screening test for prostate cancer,** prostate cancer can only be diagnosed through a biopsy of the prostate.

- **Most doctors agree if you do things that are heart healthy, you will also keep your prostate healthy.**

- **Aside from age, risk factors for prostate cancer include family history and race:**
  1. 1 in 7 men will be diagnosed with prostate cancer.
  2. Your chance of being diagnosed increases to:
     - 1 in 5 if you are African-American.
     - 1 in 3 if you have a family history of the disease.

- **If you are 55 to 69 years of age, talk to your doctor about whether prostate screening is right for you.**

For more information about prostate cancer, visit the Urology Care Foundation’s website: UrologyHealth.org